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## AMENDMENTS TO THE CLAIMS:

1. (currently amended) A method for enhanced synthesis of biological macromolecules in vitro, synthesis of polynucleotides and/or polypeptides in a cell-free reaction mixture initially comprising a bacterial cell extract; a template for production of the polynucleotides and/or polypeptide; monomers for the polynucleotides and/or polypeptide to be synthesized, and such co-factors, enzymes and other reagents that are necessary for the synthesis; the method comprising:

synthesizing said biological-macromolecules in a reaction mix including a phosphate-free energy source, in the presence of exogenous phosphate polynucleotides and/or polypeptides in a cell-free reaction mixture modified to include:

at least 10 mM of a phosphate-free energy source; nucleoside monophosphates in the absence of exogenous nucleoside triphosphates; and exogenous phosphate at a concentration of at least about 1 mM.

- 2. (original) The method of Claim 1, wherein said phosphate free energy source is glucose.
- 3. (original) The method of Claim 1, wherein said phosphate free energy source is glutamate.
- 4. (original) The method of Claim 1, wherein said phosphate free energy source is pyruvate.
- 5. (original) The method of Claim 1, wherein said phosphate is present at a concentration of from about 1 mM to about 20 mM.
- 6. (original) The method of Claim 5, wherein said phosphate is provided as potassium phosphate, magnesium phosphate, or ammonium phosphate.

## 7-9. (canceled)

10. (currently amended) The method of Claim 8 Claim 1, wherein said synthesis of biological macromolecules comprises translation of mRNA to produce polypeptides.

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11. (original) The method of Claim 10, wherein said synthesis also comprises transcription of mRNA from a DNA template.

- 12. (original) The method of Claim 1 wherein said synthesis of biological macromolecules is performed as a batch reaction.
- 13. (original) The method of Claim 1, wherein said synthesis of biological macromolecules is performed as a continuous reaction.
- 14. (original)The method of Claim 1, wherein said reaction mix comprises an extract from *E. coli* grown in glucose containing medium.
- 15. (original)The method of Claim 14, wherein said *E. coli* are grown in glucose and phosphate containing medium.
- 16. (original)The method of Claim 1, wherein said reaction mix comprises magnesium at a concentration of from about 5 mM to about 20 mM.
- 17. (original)The method of Claim 1, wherein said reaction mix is substantially free of polyethylene glycol.
- 18. (original) The method according to Claim 17, wherein said reaction mix comprises one or more of spermine, spermidine and putrescine.
- 19 (new) The method of Claim 1, wherein the reaction mixture yields over 400  $\mu g/mL$  of the synthesized polypeptide.